

Hello doc! Can you tell me how to prevent corona virus?

Of course! The first thing is to wash your hands really well.

Ok, what else?

You should go out only if necessary and when you do, you need to wear a mask.

Anything else?

Avoid to visit your relatives, especially if they belong to the risk group.



Oh, ok!

Also try to eat healthy food. This way you keep your immune system strong.

Interesting

To finish, if you have the symptoms of Covid-19, stay isolated for 14 days. If it get worse, go to a hospital.

Ok doctor! Thank you for your help, I will follow your advices.

Your welcome! Take care.

